

## Mental Health Referral Sources

### **Anxiety and Agoraphobia Treatment Center**

112 Bala Ave.  
Bala Cynwyd, PA 19004  
(610) 667-6490

### **Bryn Mawr Psychological Associates**

14 S. Bryn Mawr Ave.  
Suite 2005  
Bryn Mawr, PA 19010  
(610) 525-4828  
<http://www.brynmawrpsych.com/>

### **Center for Brief Therapy at PCOM** – *reduced fees available (see website under CENTER FEES*

4190 City Ave  
Rowland Hall, Suite 530  
Philadelphia, PA 19131  
(215) 871-6487  
<https://pcomhealth.org/cbt/>

### **Center for CBT**

323 E. Front Street  
Media, PA 19063  
(267) 551-1984  
<https://www.centerforcbt.net/>

### **Center for Psychological Services**

125 Coulter Avenue  
Ardmore, PA 19003  
(610) 642-4886

### **Child & Adolescent Counseling Services of SE, PA**

220 West Gay Street, 3<sup>rd</sup> Floor  
West Chester, PA 19382  
Bilingual (Vietnamese-English): Trinh “Angela” Nguyen-Smallwood MS, LPC  
(610) 915-8634 or [angela@counselingservicesofsepa.com](mailto:angela@counselingservicesofsepa.com)  
<https://www.counselingservicesofsepa.com/>

## Mental Health Referral Sources

**Child & Adolescent OCD, Tic, Trich, & Anxiety (COTTAGE) Group at The University of Pennsylvania**- *UPENN employee insurance covered and some reduced options available for others*

(215) 746-6701

(215) 746-1230

3535 Market Street

6<sup>th</sup> Floor

Philadelphia, PA 19104

<http://www.med.upenn.edu/cottage/>

### **Children's Center for OCD and Anxiety**

3138 Butler Pike, Suite 200

Plymouth Meeting, PA 19462

(484) 530-0778

<http://childrenscenterocdandanxiety.com/>

(Dr. Baxt has extensive experience with medical conditions and children)

**Child and Family Art Therapy Center**- *the center will work with families regarding reduced fees*

Ardmore Office: 678 Pont Reading Rd.

Ardmore, PA 19003

Director – Michael Fogel

(610) 649- 1080 ext. 1

\**Art of Friendship Social Skills Group*

### **Child Guidance Resource Center**

2000 Old West Chester Pike,

Havertown, PA 19083

(484) 454-8700

### **CHOP Anxiety Behaviors Clinic**

Children's Hospital of Philadelphia

3401 Civic Center Blvd

Philadelphia, PA 19104

Or

3440 Market Street, Suit 200

Philadelphia, PA 19104

(215) 590-7555

**Drexel Psychological Services Center** – *sliding scale option available based on income*

Stratton Hall, 2nd Floor

3201 Chestnut Street

Philadelphia, PA 19104

(21) 553-7128

<https://drexel.edu/coas/academics/departments-centers/psychology/clinic/>

## Mental Health Referral Sources

### **LifeStance Health (Delaware County Professional Services)**

551 W Lancaster Ave, Suite 300  
Haverford, PA 19083  
(267) 507-1310  
<https://lifestance.com/location/haverford-pa-551/>

### **LifeStance Health (Delaware County Professional Services)**

2050 West Chester Pike  
4<sup>th</sup> Floor  
Havertown, PA 19083  
(610) 892-3800  
<https://lifestance.com/location/havertown-pa-2010-west-chesuter-pike/>

### **GreenePsych**

**Clinical and Sports Psychology**  
551 West Lancaster Ave, Suite 214  
Haverford, PA 19041  
(484) 380-5520  
<https://www.greenepsych.com/>

### **Harbor (formerly Main Line Anxiety Treatment for Children)** - *reduced rates with doctoral students offered*

123 Coulter Ave  
Ardmore, PA 19003  
(610) 649-3186  
<https://harborpa.com/>

### **Irene Psihogios, MS, LPC**

#### **Creative Play & Family Counseling**

233 East Lancaster Ave  
Ardmore, PA 19003  
(215) 483-1360  
<https://www.psychologytoday.com/us/therapists/creative-play-family-counseling-ardmore-pa/337851>

### **Main Line Counseling and Wellness Center**

600 Haverford Road  
Haverford, PA 19041  
(610) 664-2524  
<http://www.mlcwellness.com/>  
Katharine Wenocur (play therapist and certified animal assisted play therapist; trained in CBT and Trauma focused therapy)

## Mental Health Referral Sources

### **Main Line Therapy Solutions**

600 Haverford Rd  
Suite G104  
Haverford, PA 19041  
(610) 649-6344  
[www.mainlinetherapysolutions.com](http://www.mainlinetherapysolutions.com)

### **Meg Ardizzi, LLC**

Clinical Social Worker/Therapist, LCSW  
107 Rutgers Ave, Suite 1  
Swarthmore, PA 19081  
(610) 440-4695

### **Peter's Place: A Center for Grieving Children and Families** - *Services are free (donation appreciated)*

336 King of Prussia Road  
Radnor, PA 19087  
(610) 687-5150  
<https://petersplaceonline.org/>

### **Springfield Psychological Associates**

1489 Baltimore Pike, Springfield OR:  
920 West Chester Pike, Havertown, PA  
(610) 544 – 2110 (Intake – Gail)

### **Temple University Child and Adolescent Anxiety Disorders Clinic**

Weiss Hall  
1701 North 13<sup>th</sup> Street  
Philadelphia, PA 19122  
(215) 204-7165  
[www.childanxiety.org](http://www.childanxiety.org)

### **Alison Zisser, Ph.D.**

#### **PCIT Therapist and Level I Trainer**

Department of Child and Adolescent Psychiatry and Behavioral Sciences  
The Children's Hospital of Philadelphia  
3440 Market St., Suite 200  
Philadelphia, PA 19104  
Phone: 1-800-TRY-CHOP (1-800-879-2467)

*Parent Child Interaction Therapy (PCIT) is an evidence-based treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns. Children and their caregivers are seen together in PCIT. Most of the session time is spent coaching caregivers in the application of specific therapy skills.*

## Mental Health Referral Sources

### Psychiatrists:

**Dr. Meghan Starner**

551 W. Lancaster Ave

Haverford, PA 19041

(484) 401-6421

drs@starnermd.com

<https://www.starnermd.com/>

**Dr. Amy MacIntyre**

925 W. Lancaster Ave, Suite 210

Bryn Mawr, PA 19010

(610) 667-1781

**KEY**

**Yellow:** provider accepts insurance, although please look at the list of accepted insurances and also verify this with your provider

**Pink:** reduced fee options available- inquire upon contact

**Turquoise:** Free service (donation appreciated)